

MBC

10 MILE TIME TRIAL

01 APRIL²⁰²⁴

J10/1

HQ: BUXWORTH PRIMARY SCHOOL | DERBYSHIRE

OPEN RECORD - SCOTT DAVIES 19:15

FEMALE RECORD - SARAH STOREY 21:21



PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER ITS RULES AND REGULATIONS

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OPEN 10 MILE TIME TRIAL



Thank you for entering the Manchester Bicycle Club Open 10 mile TT. It is highly recommended riders familiarise themselves with the HQ, additional parking, toilet facilities and the start location.

EVENT SECRETARY

Alexander Royle

The Garth, Eccles Road, Chapel en-le Frith
High Peak, Derbyshire, SK23 9RR

Mobile: **07734447523**

Email: **alexander.royle@outlook.com**

RESERVES

Please send apologies either by e-mail or phone to the event secretary at the earliest opportunity if you are unable to ride in the event. This will enable early allocation of reserve slots to help the organiser and reserve riders plan better.

UNDER 18's

All under 18 competitors must complete and bring with them a CTT parental consent type A events form, available at: www.cyclingtinetrials.org.uk/documents/index/riders

Failure to provide consent this will result in the under 18 rider not being allowed to start.

LIGHTS

A working front (white) and rear (red) light must be fixed to the front and rear of the machine, anyone that arrives at the start line without a front and rear light will not be able to start.

EVENT HQ - OPEN 7:30am

BUXWORTH PRIMARY SCHOOL

Station Road, Buxworth

High Peak, Derbyshire **SK23 7NJ**

- **Limited parking available at HQ**
- **Limited toilet facilities available at HQ**
- **No Changing facilities available at the event HQ**
- **No refreshments are available from the event HQ**

ADDITIONAL TOILETS: Tesco Superstore also has toilet facilities and is open from 8:00am (Bridgemont, Whaley Bridge, High Peak, SK23 7PB). **Do not urinate in public spaces.**

Parking outside the HQ and on the same side of the road in Buxworth village on the road B6062, heading up the hill towards the railway bridge is permitted provided it is courteous and does not block any junction or property entrances. Riders must park safely and remain courteous to residents, road users and other members of the public at all times.

ADDITIONAL PARKING

Limited public parking with access to the start of the course is also available in lay-bys along the B6062 close to the junction with the A6. There is also parking available in Whaley Bridge along the A5004 and around the Bridgemont area.

Riders must obey any parking steward instruction. Please ensure that static warm-ups are conducted courteously and do not block individual car park spaces.

FREE PUBLIC CARPARK

Canal Street

Whaley Bridge

High Peak, Derbyshire

SK23 7LX

WHALEY BRIDGE

Limited public parking with access to the start of the course is also available in Whaley Bridge along the A5004 and around the Bridgemont area.



J10/1 COURSE DETAILS

TO THE START - HQ TO START (APPROX 3.6 MILES)

- Turn left from the HQ on the B6062 towards the A6
- Turn left on the A6 towards Bridgemont roundabout
- Take first exit (straight over) onto the A6 By-Pass (Dual Carriageway)
- Arrive at Start layby (Green Chapel en-le Frith sign)

Riders should be aware that once you have entered the course on the A6 By-Pass there is nowhere to turn around. Please ensure that you plan your arrival to the start accordingly.

START (Grid Ref. SK 047818) **0.00 m**

at a green “Chapel-en-le-Frith sign near the end of the layby approximately 1 mile west of Boden Lane traffic island on the A6

BOWDEN LANE ISLAND (SK 062815) **0.96 m**

Take the fourth exit along the A6 towards Stockport to

BRIDGEMONT ISLAND (SK 014824) **4.16 m**

Take the 3rd exit along the A6 towards Buxton and return past the start

THROUGH START (Grid Ref. SK 047818) **6.39 m**

Return past the start

BOWDEN LANE ISLAND **7.35 m**

Take the fourth exit along the A6 towards Stockport

FINISH (SK 024820) **10.000 m**

At the mid-point under the road bridge over the A6 near Bugsworth Basin.

- Riders must ride clear of the finish (No Stopping) and retrace the route back to the HQ
- Riders must take particular care when approaching the Bridgemont roundabout after the finish - riders should take the first exit and remain in the left-hand lane; during the event riders may be encircling
- Riders must find a safe and suitable place to turn around in order to return the HQ (Tesco carpark/mini roundabout offers a suitable location)

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START SHEET



TIMEKEEPERS - **Primary:** Ian Ross **Assistant:** Robert Norton

NO.	START TIME	NAME	CLUB	CLASS.	CAT.	MACHINE
1	09:01:00	Alan Shuttleworth	Weaver Valley CC	Open	Veteran	Road Bike
2	09:02:00	Phil Barnes	SheHair Racing Team	Open	Veteran	Road Bike
3	09:03:00	Nigel Gleeson	VTTA (Merseyside)	Open	Veteran	Road Bike
4	09:04:00	Tracy Gregory	Buxton CC/Sett Valley Cycles	Female	Veteran	TT Bike
5	09:05:00	Alison Stephenson	Congleton CC - MyWindsock	Female	Veteran	TT Bike
6	09:06:00	Lynsey Astles	Congleton CC - MyWindsock	Female	Veteran	TT Bike
7	09:07:00	Nicola Soden	Tactic UK WRT	Female	Senior	TT Bike
8	09:08:00	Sarah Storey	Storey Racing	Female	Veteran	TT Bike
9	09:09:00	Mick Hutchins	Congleton CC - MyWindsock	Open	Veteran	TT Bike
10	09:10:00	Alan Broadbent	Graham Weigh Racing-Deeside Olympic	Open	Veteran	TT Bike
11	09:11:00	Barry Murphy	Graham Weigh Racing-Deeside Olympic	Open	Veteran	TT Bike
12	09:12:00	David Wright	Warrington Road Club/Horton Light Engineering	Open	Veteran	TT Bike
13	09:13:00	Andrew Newey	Ribble Valley C&RC	Open	Senior	TT Bike
14	09:14:00	Tom Minshull	High Peak Cycles RT	Open	Senior	TT Bike
15	09:15:00	Ashley Steventon	Royal Air Force Cycling Association	Open	Senior	TT Bike
16	09:16:00	Mat Ivings	Buxton CC/Sett Valley Cycles	Open	Veteran	TT Bike
17	09:17:00	Mike Walker	Congleton CC - MyWindsock	Open	Veteran	TT Bike
18	09:18:00	Sam Witter	Congleton CC - MyWindsock	Open	Senior	TT Bike
19	09:19:00	Barry McDonald	Tactic Sport UK Race Team	Open	Veteran	TT Bike
20	09:20:00	Phillip Tyas	Barnsley Road Club	Open	Veteran	TT Bike
21	09:21:00	Mat Stephenson	Congleton CC - MyWindsock	Open	Veteran	TT Bike
22	09:22:00	Paul Whittaker	Stockport Clarion CC	Open	Veteran	TT Bike
23	09:23:00	Patrick Healy	Buxton CC/Sett Valley Cycles	Open	Veteran	TT Bike
24	09:24:00	Martin Lee	Bury Clarion CC	Open	Veteran	TT Bike
25	09:25:00	Jozsef Owen	ADDFORM Vive Le Velo	Open	Senior	TT Bike
26	09:26:00	Adrian Hughes	Seamons CC	Open	Veteran	TT Bike
27	09:27:00	Sharon Clifford	SheHair Racing Team	Female	Veteran	TT Bike

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NO.	START TIME	NAME	CLUB	CLASS.	CAT.	MACHINE
28	09:28:00	Mark Rowbottom	Chesterfield Coureurs CC	Open	Veteran	TT Bike
29	09:29:00	Lorenzo Mezzullo	Manchester Bicycle Club	Open	Senior	TT Bike
30	09:30:00	Scott Burns	Manchester Bicycle Club	Open	Veteran	TT Bike
31	09:31:00	Bradley Murphy	Chorlton Velo	Open	Veteran	TT Bike
32	09:32:00	Lloyd Smith	Weaver Valley CC	Open	Senior	TT Bike
33	09:33:00	Richard Marshall	Team Wheelguru	Open	Veteran	TT Bike
34	09:34:00	Steve Cartlidge	Lyme Racing Club	Open	Veteran	TT Bike
35	09:35:00	Alistair Rutherford	Manchester Bicycle Club	Open	Veteran	TT Bike
36	09:36:00	Stephen Dooley	Seamons CC	Open	Veteran	TT Bike
37	09:37:00	Isaac Russell	Team PB Performance	Open	Senior	TT Bike
38	09:38:00	Peter Rogers	Chorlton Velo	Open	Veteran	TT Bike
39	09:39:00	Matthew Cayton	Congleton CC - MyWindsock	Open	Senior	TT Bike
40	09:40:00	Alastair Ribbands	Congleton CC - MyWindsock	Open	Veteran	TT Bike

PRIZES

The ratified event results will be published online as soon as possible.

Prize money will be via bank transfer, details arranged post event.

POS	OPEN	FEMALE
1st	£50	£50
2nd	£30	£30
3rd	£20	£20

J10/1 RISK ASSESSMENT

LOCATION	DETAILS OF HAZARD	MEASURES TO REDUCE RISK	RISK H/M/L
1 Before the start	Riders leaving the headquarters and riding to the Start.	Warning signs on all roads Clear instruction on Start Sheet giving route to the start.	L
2 Start at the lay-by approx. 1 mile west of Boden Lane island. SK 047818	Riders starting and entering the traffic flow.	Warning sign on approach to lay by. Marshal required.	M
3 Boden Lane island (0.96 miles) SK 062815	Vehicles encircling island. Riders turn and take A6 towards Stockport.	Warning signs on all approach roads. Marshals required.	M
4 Bridgemont traffic island (4.16 miles) SK 014824	Vehicles encircling island. Riders turn and take A6 towards Buxton	Warning signs on all approach roads. Marshals required	M
5 Passing the start (6.39 miles) SK 047818	Riders may be coming onto the A6 after starting.	Warning on Start sheet to look out for riders starting.	M
6 Boden Lane island (7.35 miles) SK 062815	Vehicles encircling island. Riders turn and take A6 towards Stockport.	Warning signs on all approach roads. Marshals required.	M
7 Finish where Brookside road bridge crosses the dual carriageway (10 miles) SK 024820	Riders finishing.	Chequered flag denoting the finish. Marshal required (off the road) Warning on start sheet telling riders not to stop.	M
8 After the finish	Riders returning to the headquarters	Warning signs at Bridgemont island with marshals still in place. Clear directions for route back to be included on the Start Sheet.	L



IMPORTANT CTT REGULATIONS AND RIDERS' NOTES

- 1** - No 'Warming up' by competitors is allowed on the course once the event has started. The only riding permitted by competitors on the course once the event has begun is to the Start.

- 2** - No "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

- 3** - Riders body numbers will be available at the event HQ and must be personally signed for and returned immediately after each rider has finished. The body number must be returned to the event HQ and every rider must personally sign out of the event (Failure to do this will result in a DNF allocation for the offending rider). Riders must attach their body number on the lower part of the back in a clear and legible position.

- 4** - Riders must not drop litter as it is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.

- 5** - Riders must negotiate both islands in a safe and sensible manner in accordance with CTT reg.20 and the rules of the road. Riders must be able to brake and stop at the islands if traffic conditions require this. Riders must not approach the islands using tri- bars. Remember traffic in the islands will have priority over traffic entering the islands (including riders).

- 6** - IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD-SHELL SAFETY HELMET that meets an internationally accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

- 7** - Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. NO LIGHT – NO RIDE.

DOPING CONTROL

The event may be subject to Doping Control.